

STATE OF DELAWARE
CUSTODIAL WORKER/SUPERINTENDENT
OMB – Facilities Management
PHYSICAL REQUIREMENTS

Job Title: Custodial Worker, Custodial Superintendent
Department: Office of Management and Budget (OMB)
Division: Facilities Management
Class Codes: MCAB01/MCAB05
BP #: 1960, 1984, 1990, 1992, 1996, 3146, 9048/1993

JOB DESCRIPTION: The Custodial Worker and Custodial Superintendent are housekeeping positions within Facilities Management responsible for maintaining a clean and sanitary environment, ordering and maintaining an inventory of various supplies and performing an assortment of housekeeping and maintenance tasks.

JOB SPECIFIC REQUIREMENTS: Must be able to follow directions and safely operate various equipment including, but not limited to, vacuum cleaners, brooms, mops, dust pans and other items.

JOB CLASSIFICATION: This job is classified as “light” as it continuously requires exerting up to 25 pounds of force and occasionally requires exerting up to 50 pounds of force to perform the various functions involved in the custodial operations of State owned facilities.

PHYSICAL JOB REQUIREMENTS:

To receive consideration for the position all Custodial Workers or Custodial Superintendents must be able to perform the following essential physical job functions daily:

- The physical ability to stand and or walk for up to seven (7) hours per day. .
- The physical ability to push/pull continuously during the performance of the daily job routine.
- The physical ability to bend/stoop frequently during the performance of the daily job routine.
- The physical ability to occasionally climb, balance, kneel, crouch, squat and work above the shoulders during the performance of the daily job routine.
- The physical ability to use both hands for continuous grasping.
- The physical ability to frequently carry up to 50 pounds for distances of up to 10 feet.

- The physical ability to rarely carry between 26 and 50 pounds of weight for distances up to 5 feet.
- The physical ability to continuously lift up to 25 pounds of weight between the floor and waist, occasionally between the waist and shoulders and rarely above the shoulders.
- The physical ability to occasionally lift between 26 and 50 pounds of weight between the floor and waist and rarely between the waist to above the shoulders.
- The physical ability to continuously push/pull various items including supplies, equipment and trash containers weighing up to 25 pounds distances of up to 200’.
- The physical ability to frequently push/pull various items including supplies, equipment and trash containers weighing between 26 and 50 pounds distances up to 100’.
- The physical ability to frequently push/pull various items including supplies, equipment and trash containers weighing greater than 50 pounds distances up to 50’.
- The physical ability to continually tolerate any required personal protective equipment such as gloves, back supports and any other protective equipment deemed appropriate.

CERTIFICATION

I hereby certify that I have read and understand the above physical requirements of Custodial Workers and the Custodial Superintendent for OMB’s Facilities Management. I have also been given the opportunity to ask any questions I may have regarding the physical demands required of this position. I further understand that if I am offered this position, I will be required to take a functional capabilities evaluation (FCE) to determine if I can safely perform the required tasks without risk to myself or others.

PRINTED NAME _____

SIGNATURE _____ DATE: _____

02/20/08